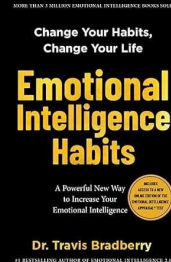


2023 READING LIST

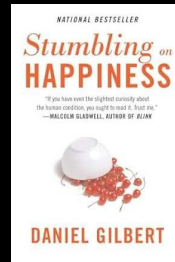
PERSONAL GROWTH:



Believe It - Jamie Kern Lima



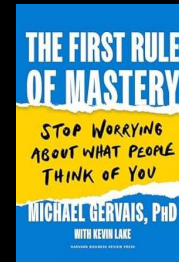
Emotional Intelligence Habits - Dr. Travis Bradberry



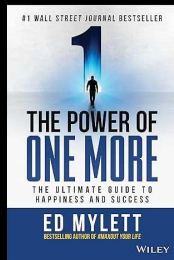
Stumbling on Happiness - Daniel Gilbert



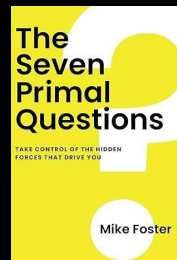
The Creative Act - Rick Rubin



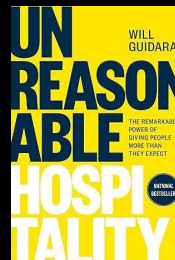
The First Rule of Mastery - Michael Gervais



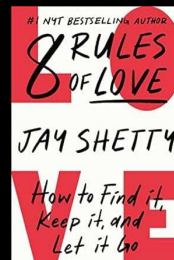
The Power of One More - Ed Mylett



The Seven Primal Questions - Mike Foster



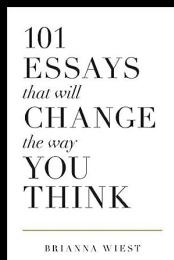
Unreasonable Hospitality - Will Guidara



8 Rules of Love - Jay Shetty

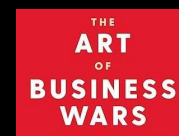
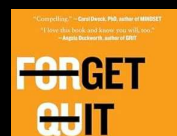
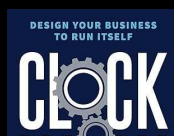


10X Is Easier Than 2X - Dan Sullivan



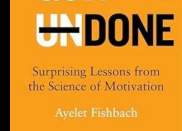
101 Essays that Will Change the Way You Think - Brianna Wiest

BUSINESS:





Clockwork - Mike Michalowicz



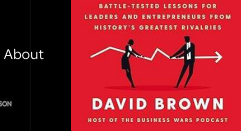
Get It Done - Ayelet Fishbach



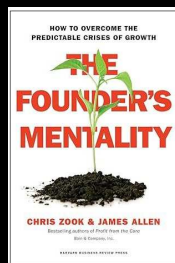
Great at Work - Morten Hansen



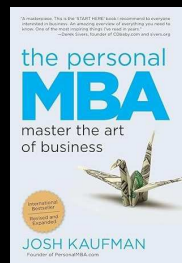
Rework - Jason Fried



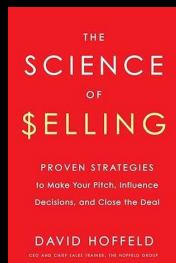
The Art of Business Wars - David Brown



The Founder's Mentality - Chris Zook and James Allen

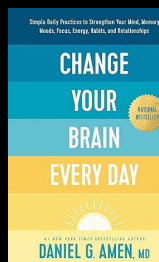


The Personal MBA - Josh Kaufman

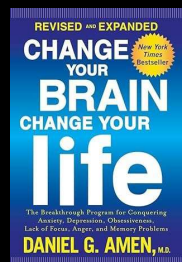


The Science of Selling - David Hofffeld

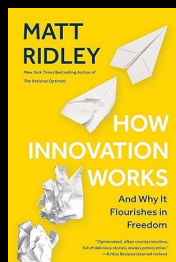
CHANGE & THINKING:



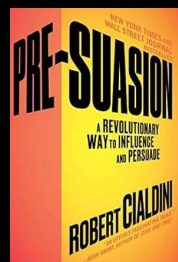
Change Your Brain Every Day - Daniel Amen



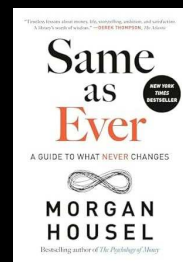
Change Your Brain, Change Your Life - Daniel Amen



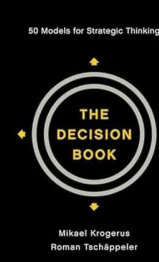
How Innovation Works - Matt Ridley



Pre-Suasion - Robert Cialdini



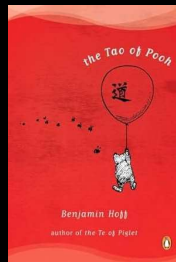
Same As Ever - Morgan Housel



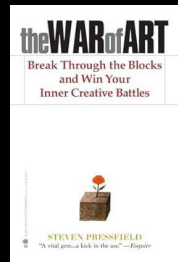
The Decision Book - Mikael Krogerus



The Power of Human - Adam Waytz

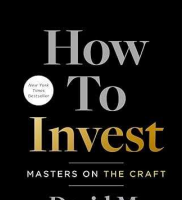
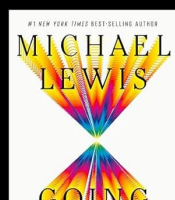


The Tao of Pooh - Benjamin Hoff



The War of Art - Steven Pressfield

EXPERIENCING LIFE:

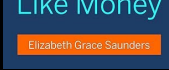




Going Infinite - Michael Lewis

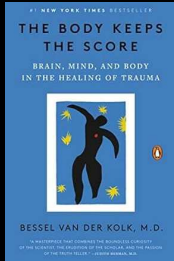


How to Invest - David Rubenstein

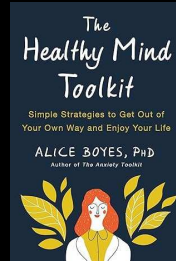


How to Invest Your Time Like Money - Elizabeth Saunders

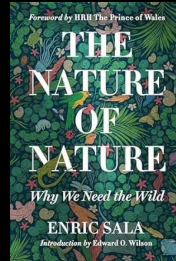
HEALTH:



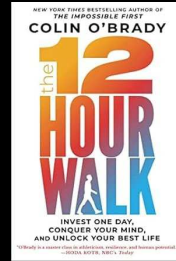
The Body Keeps The Score - Bessel Van Der Kolk



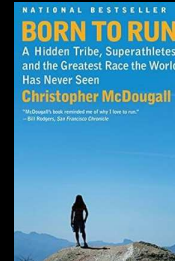
The Healthy Mind Toolkit - Alice Boyes



The Nature of Nature - Enric Sala



12 Hour Walk - Colin O'Brady



Born to Run - Christopher McDougall

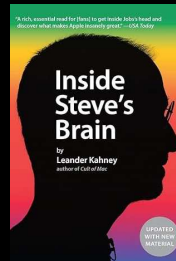


Living With a Seal - Jesse Itzler

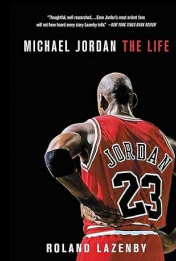
INTERESTING PEOPLE:



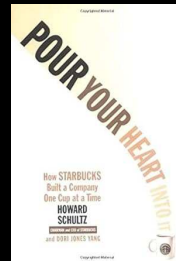
Elon Musk - Walter Isaacson



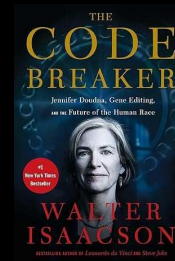
Inside Steve's Brain - Leander Khan



Michael Jordan: The Life - Rylan Lazenby



Pour Your Heart Into It - Howard Schultz



The Code Breaker - Walter Isaacson